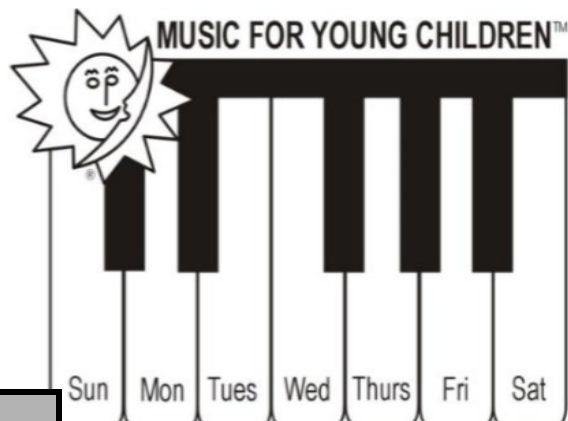


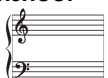
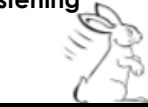


Level: Sunbeam 1

Lesson: 8

Remember: colour a 'piano key' every day
you practice. 5 days=sticker.



ACTIVITY	DIRECTIONS	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Keyboard 	Warm ups: 'O' Fingers WB-27 – RH & LH with SPIDER FINGERS "This is C with finger 1, This is D with finger 2..." WB Divider: Name this tune. Find the 'sleepy panda'							
	K-28: RH, then LH (keep WRISTS level)							
	K-29: RH, LH, try HT							
	K-26, 27: RH, LH, try HT (week 2)							
	Pattern Cards: Standing still (SSS), stepping up (SPU), stepping down (SPD), Stepping up so High (SPUSH) - play on piano. Play forte, piano, crescendo (getting louder)							
Tinsheet 	Review C, D, E and F and Gmagnet On LINE and SPACE side, put black side of magnets onto lines 1, 2, 3, 4, 5 and spaces 1, 2, 3, 4.							
Singing 	S-10: Busy Beaver S-11: Grump S-12: Crescendos are Fun S-13: Sleepy panda song							
Listening 	L-17 – crescendo L-15 – Rhythm rings. Practice listening and recognizing recognizing rhythms.							
Rhythmic Ensemble 	Review E-8 – Use TURTLE and HOP puppets - Play on your castanet, saying the rhythm words. NEW E-9 – Write your own rhythm on each line. Each line needs four beats. Use hops, turtles, ti-ti's.							
Homework 	L-16: colour H-23: Draw Mrs. Treble Clef. H-24: find a picture of a CRESCENDO sound (ex. Train coming towards you; thunderstorm approaching) H-25: Make puppet							
Toolbox 	Rhythm stories: "May I have your time signature please?". Get your Time signature clock signed. - Use a SLEEPY PANDA .							

Solfege: Rain Rain go away (s m ss m) d=doh, m=me, s=sol, l=la
Come again another day (ss ml ss m) **Handsigns on S divider page.**

EXTRA optional songs:
K-30, KS-130, K-31