



Level: Sunbeam 1

Lesson: 10

Remember: colour a 'piano key' every day
you practice. 5 days=sticker.

No lesson Nov 11, 13, 15th



Sun Mon Tues Wed Thurs Fri Sat

ACTIVITY	DIRECTIONS	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Keyboard 	Warm ups: 'O' Fingers WB-29: C+ scale fingers: 123 tuck 12345 RH: This is C with finger 1, This is D with finger 2, This is E with finger 3, TUCK, This is F with finger 1... LH: This is C with finger 1, This is B with finger 2, This is A with finger 3, TUCK, This is G with finger 1							
	K-39: RH finger 4 on B; lands on C with #5 LH finger 2 on B; lands on C with #1 "B is Becky bouncing onto C"							
	K-40: RH: move finger 1 'thumb' to G LH: move finger 5 'pinky' to G - Play with a CRESCENDO and DECRESCENDO							
	WB-28 Twinkle Twinkle Little Star							
Tinsheet 	Find on keyboard side: all the critters on CRITTER AVENUE On LINE and SPACE side, put black side of magnets onto lines 1, 2, 3, 4, 5 and spaces 1, 2, 3, 4.							
Singing 	S-12: Crescendos are Fun (verse 2, Descrescendos)							
	S-13: Sleepy panda song							
	NEW: S-16 Big Bird "B"							
Listening 	L-19: Good examples of rhythm stories for partners to clap & students to write with their rhythm bags							
Rhythmic Ensemble 	Review: E-11: Sunbeam – starts with a PICK-UP - play with castanet - say rhythm words out-loud E-12: write a rhythm story (each line =4 beats. It can be any rhythm. 1 sleepy panda, 4 hops, 2 turtles, 8 ti-ti's, etc.)							
Homework 	K-38: Colour H-33: Trace the F, draw a picture beginning with F on "F" bass clef H-34: draw/find 3 pictures progressively getting softer. H-35: trace the rests.							
Toolbox								

Solfège: I hear a cuckoo, I hear a cuckoo (s m l s m, s m l s m)

Cuckoo, where are you? Cuckoo, where are you? (s m ss m, s m ss m)

TUCKING: There was a little mouse, who lived inside his house. Come out, go in,
Come out, go in, now move your little house.

EXTRA optional songs:

K-41, KS 131, KS-130, KS-132